

ALTOUR-MED

2022-2-MT01-KA210-VET-000096406

KA210-VET - Small-scale partnerships in vocational education and training



Good Practices: *[In Progress] [Italy]*



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Practice number	7
Name of the Practice	<i>Sicilian Food Tours</i>
Category	<i>Active Tourism</i>
Type	<i>Service</i>
Developer / initiator	<i>Carmel Ruggeri, tour guide and owner of Sicilian Food Tours.</i>
Short description	<p><i>Sicilian Food Tours is a small private company founded by a fan of Sicilian cuisine. It offers engaging dining experiences that showcase the region's rich gastronomic heritage.</i></p> <p><i>Participants will explore the local markets, taste authentic Sicilian dishes and engage in practical culinary activities, making a delightful journey through the varied gastronomic culture of Sicily.</i></p>
Goal	<i>To discover the Sicilian gastronomic culture in Italy and Europe, offering engaging and complete tourist packages.</i>
Detailed description	<p><i>Sicilian Food Tours is a private company specialized in culinary tourism, which uses competent guides and chefs to accompany participants through the discovery of the authentic and delicious flavors of Sicilian cuisine. Sicilian Food Tours offers several offers for those who wish to explore the culinary delights of the region, in particular:</i></p> <ul style="list-style-type: none"> ● <i>A 7-DAY GASTRONOMIC TOUR IN SICILY:</i> <i>a 7-day tour to travel to the best locations in southern Italy, from the beautiful seaside town of Ortigia to the historic city of Modica. This gastronomic tour for small groups of up to 16 people takes you to some of the most famous places in southern Italy, in the beloved Sicily of the island of Carmel. Services such as beach accommodation, meals, airport transfers and much more are included;</i> ● <i>Private Day Tours of Sicily for Gourmets:</i> <i>is a full day tour for at least 4 people where you can enjoy the day learning how to cook some of the most famous Italian dishes. Carmel will guide you to his family's favorite culinary suppliers in Sicily to eat slushies and croissants, pastries, sausages, cheeses, salami and other local gastronomy products. With a local chef you will learn how to prepare Scacce (stuffed bread similar to focaccia, a Ragusan specialty) followed by a delicious late lunch where food and wine will be in abundance. A tour guide, transport and tasting lunch are included.</i>

Innovativeness	<i>the owner Carmel can create a private gastronomic tour in Sicily customized in Italy according to the needs of the customer and the places that it would like to visit thanks to a solid network of local contacts. In addition, this tourism system based on local cuisine favors the use of 0 km products, supports the local economy and at the same time offers a tourist experience to 360 years, managing all logistic and practical aspects.</i>
Financial aspect	€€ = Moderate Investment, €€€ = Considerable Investment
Country	Italy
Transferability	<i>It can be easily transferred to other places with a strong culinary appeal. To replicate it you must be excellent multilingual tour guides, experts in local cuisine, have a network of local contacts to manage accommodation services, transport, special personal needs.</i>
Website and/or relevant links	https://www.sicilianfoodtours.com/
Contact information	Address: Scoglitti, RG, Sicily, Italy OFFICE HOURS: Monday to Friday from 9:00 AM to 5:00 PM Telephone: +61 414 639 006 EMAIL: info@sicilianfoodtours.com

